



You're invited to...

★ **Join our Challenge for Life – Shoot for the Cure Team** ★

20K CancerCare Walk — June 12, 2010

Carry on the Shoot for the Cure success

★ **Attend our Wellness Seminars to Raise Funds for Cancer** ★

Learn the 4 dimensions of healthy living (*physical, mental, emotional, spiritual*)

You'll hear speakers and participate in workshops on exercise, nutrition, personal development, spiritual fulfillment, and more.

6:30 - 9:30, Feb 10, Apr 14 and May 12, 2010

at Oak Bluff Recreation Center

\$35 per seminar, or \$75 for all 3

(all proceeds to CancerCare Manitoba)

Registration deadline — 1 week prior to each seminar.

Visit www.shootforthecure.ca for more details,
or contact Shawnda Muir at 897-8989.

Cancer affects everyone—together we can beat it!

 CancerCare Manitoba
FOUNDATION

Challenge for
Life